

Why on Earth are You Here?

How to find and live your life's purpose
when you don't believe you can

By Paul Beeston

www.WhyOnEarthAreYouHere.com

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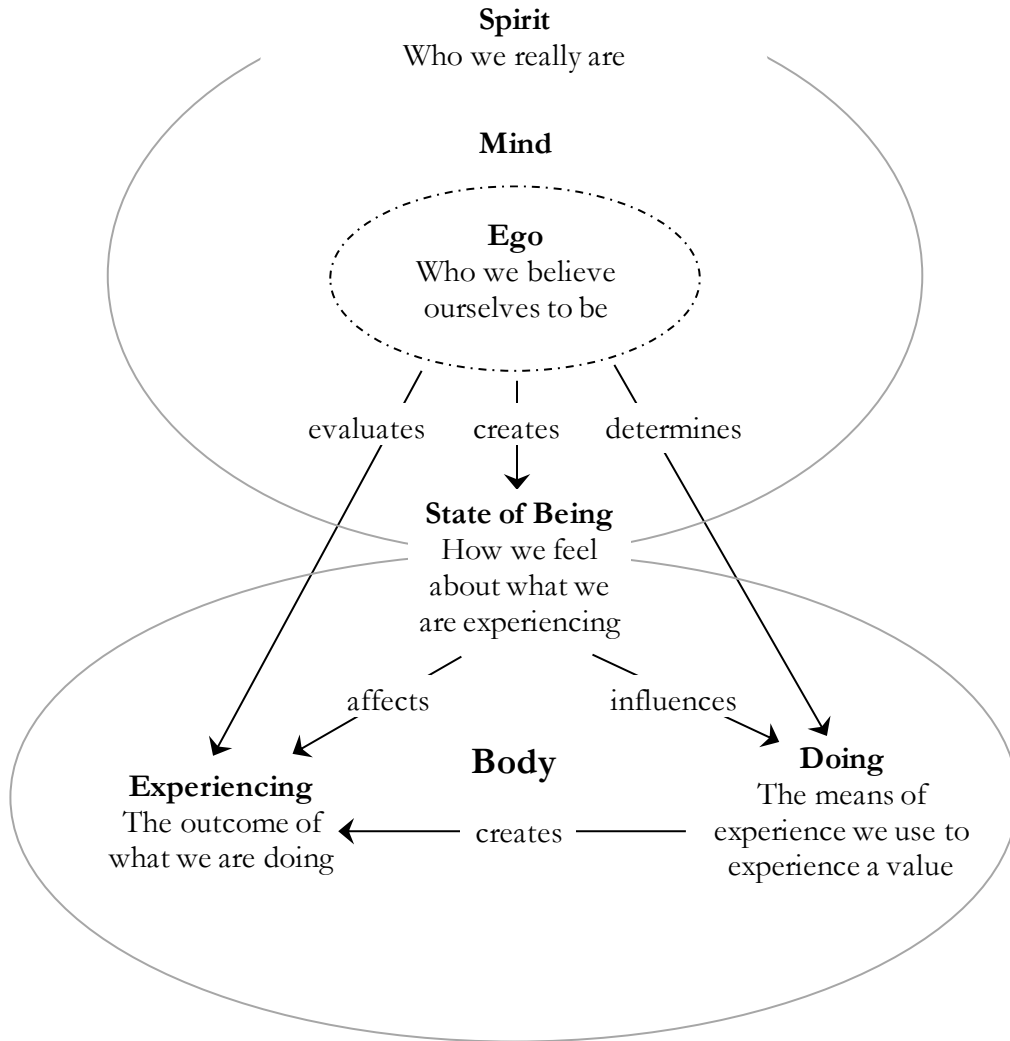
Cover design and cover photo by Stephanie Beeston, www.StephanieBeeston.com

Chapter 1

1.1 Values of the human experience



1.2 Ego and the human experience



1.3 Values and the base state

Freedom

Self-Awareness

Happiness (base state)

Being free to be who we believe ourselves to be

Comfort

Security

Being Alive

1.4 Zone of known experiences

Freedom

Being free to be who we really are

Self-Awareness

Knowing who we really are

Happiness (base state)

Being free to be who we believe ourselves to be

Comfort

Having our essential needs met


Security

Our mind and body being safe

Being Alive

Being in the human experience

**Zone of known
experiences**



Chapter 4

4.1 Relative

X

Y

4.2 Absolute

X

Chapter 6

6.1 Polarity

Singularity

X

Opposite of Y

X

Duality

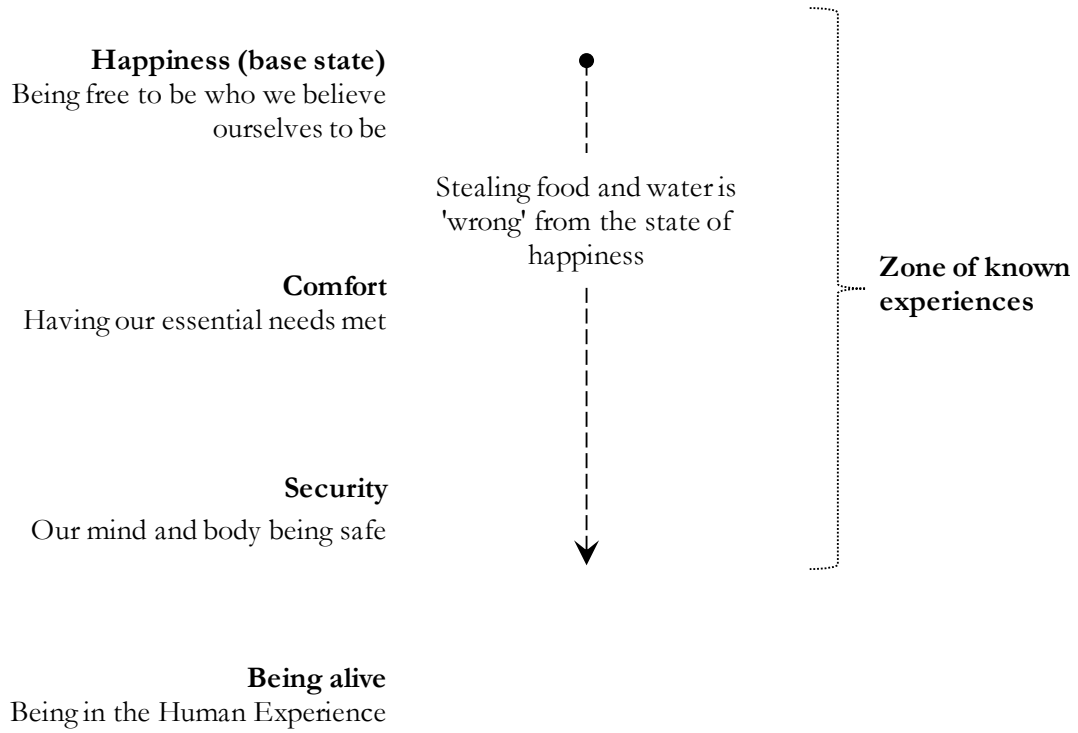
XY

Opposite of X

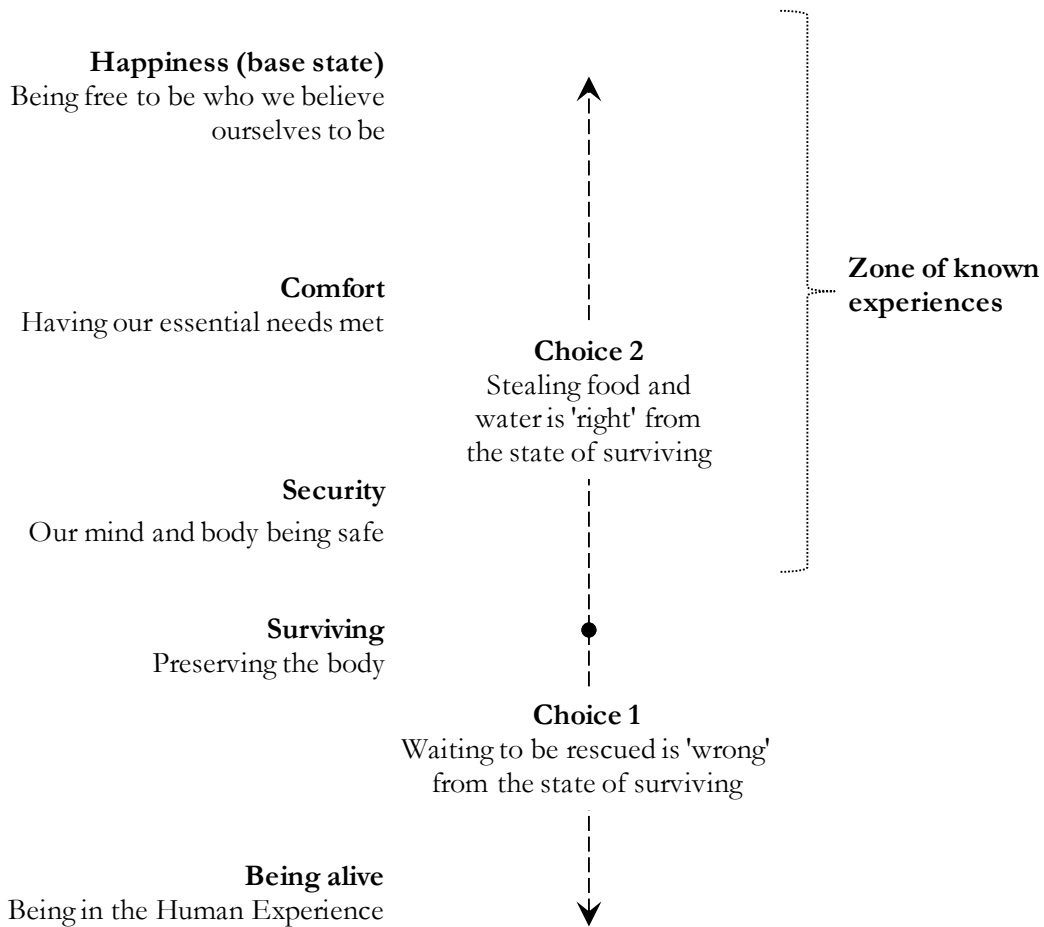
Y



6.2 Right and wrong from the state of happiness



6.3 Right and wrong from the state of surviving



Chapter 8

8.1 The four quadrants

Q1 important and urgent	Q2 important not urgent
Q3 not important and urgent	Q4 not important and not urgent

Chapter 13

13.1 The ego spirit evolutionary loop

